

## 10 Natural Ways to Get Rid of Ants in the Kitchen

Method	Natural Ingredient	How It Works
Vinegar Spray	White Vinegar	Disrupts scent trails
Lemon Juice	Lemon	Masks food trails, repels ants
Cinnamon & Cloves	Spices	Strong smell repels ants
Diatomaceous Earth	Food-grade DE	Dehydrates ants
Cucumber/Citrus Peels	Fresh produce	Natural repellent barrier
Soap & Water Solution	Dish Soap	Kills ants on contact
Airtight Containers	Jars & storage	Blocks food access
Spotless Kitchen	Cleaning routine	Removes food sources
Sealed Entry Points	Caulk	Blocks ant access
Remove Standing Water	Dry surfaces	Eliminates moisture source